

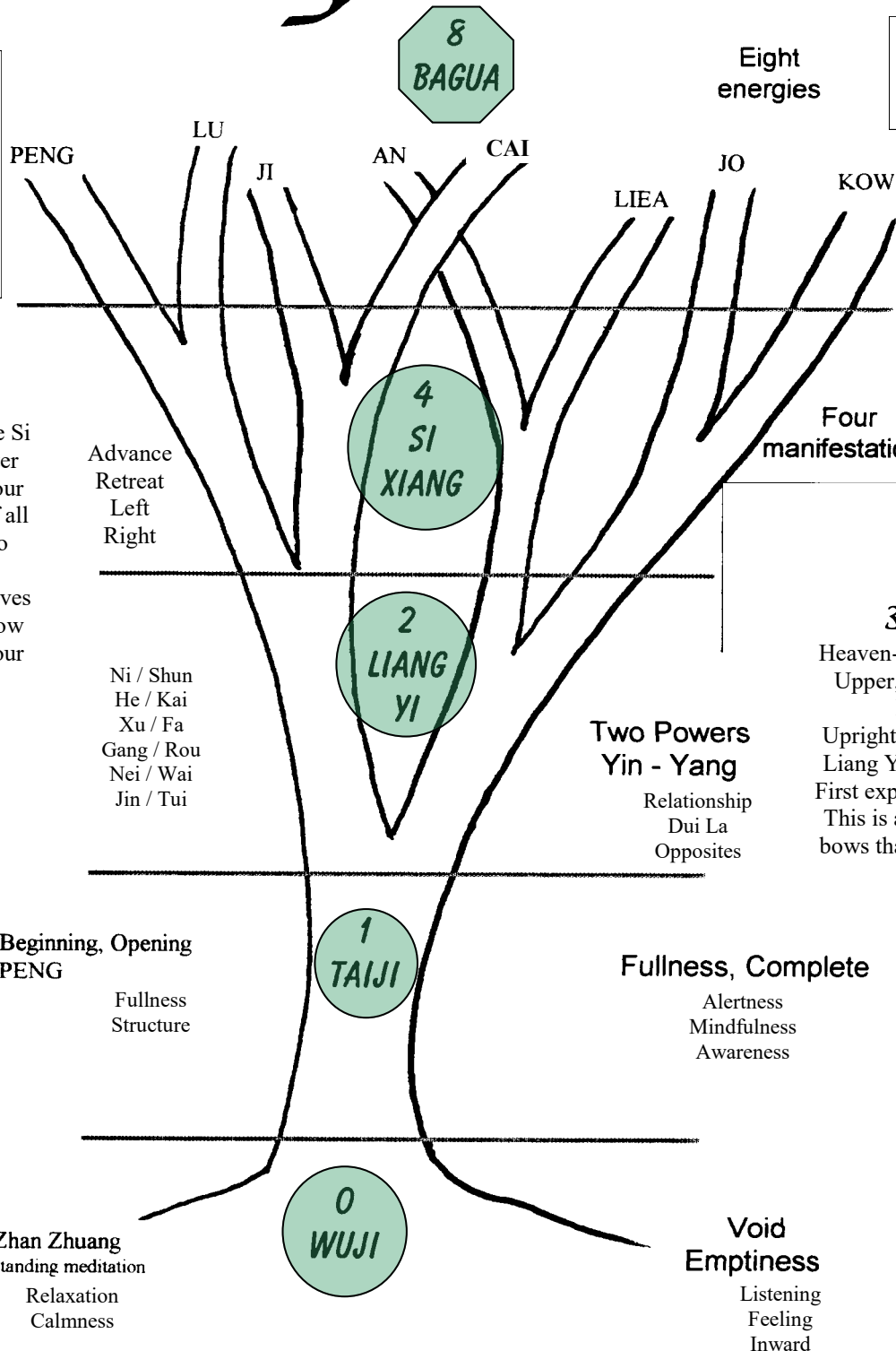
# Taiji Tree

7 represents the **Seven Stars**, the edges and striking points of the body. All possible weapons. Perhaps the skills we have to handle any situation. (Our 5 senses, body, & mind)

9 is the **Nine Palaces** uniting the body and one

6 represents the **Six Harmonies**.

**5 Forms** are expressed as the Si Xiang + your center (Dantien) = 5. Your center is the hub of all directions. It also represents the 5 curves. These 5 curves enable power to flow naturally through our body.



As with all things there are many layers. To simplify we can use the three levels: earth, humanity, heaven, also known as body, energy, spirit. The above tree is the earth/physical practice representations of the various symbolisms. The energetic or spiritual levels are not included.

This Taiji Tree was created by Sifu AT Dale to represent the core principles and theory of the Internal Arts.