## CHEN TAI CHI SPEAR

## Li-Hua Qiang jia Bai-Yuan Kun

Pear flower spear and white ape staff

- 1. Na cha (night ghost) explores the sea bottom
- 2. Turn around make  $\frac{1}{2}$  circle
- 3. Mid-level thrust
- 4. Three swift thrusts
- 5. High-level thrust
- 6. Swaying pearl-beaded curtain
- 7. Lower-level thrust
- 8. Turn around and `thrust
- 9. The black dragon presents claws
- 10. Step forward with one thrust
- 11. Sweep the floor to thrust
- 12. Side block
- 13. Throw two forward hits
- 14. Yellow dragon manipulates the shaft
- 15. Down-to-up strike
- 16. Turn around to make a  $\frac{1}{2}$  circle
- 17. Blocking thrusts at waist level
- 18. Turn around to make a  $\frac{1}{2}$  circle
- 19. Spear touches ground like snake
- 20. Suddenly lift the spear
- 21. Deliver a thrust
- 22. Two covering thrusts
- 23. Wave banner from left side
- 24. Thrusting toward the sky
- 25. Raise flag us sweep on right side
- 26. The iron ox plows
- 27. Turn around to make a  $\frac{1}{2}$  circle
- 28. Thrust like dripping water
- 29. Two covering thrusts
- 30. Mount dragon & deliver rapid thrust
- 31. Parting grass to look for snake
- 32. Stepping back, th0 white ape drags spear
- 33. Black dragon returns to den
- 34. Taking back the pipa
- 35. Throw two forward i hits
- 36. Wield banner to sweep ground
- 37. Mount tai crushes egg
- 38. Turn around to make  $\frac{1}{2}$  circle
- 39. Cat catches mouse
- 40. Thrust from left
- 41. Thrust from the right
- 42. Turn around to deliver thrust

- 43. Prop up heel
- 44. Casual thrust
- 45. Cutting whole swath
- 46. Erh lung carries the mountain
- 47. Cut 1/2 circle
- 48. Lower parting thrust
- 49. Turn around make  $\frac{1}{2}$  circle
- 50. Falcon diving into quail flock
- 51. Sweeping thrust from left
- 52. Lift heel
- 53. One thrust
- 54. Cutting whole swath
- 55. Erh lung shoulders mountains
- 56. Cut <sup>1</sup>/<sub>2</sub> circle
- 57. Fair lady threads needle
- 58. Jade lady works shuttles
- 59. Assassination thrust
- 60. Turn around to sweep thrust
- 61. Cutting whole circle
- 62. Protect the knees
- 63. Two covering thrusts
- 64. Black dragon sways its tail
- 65. Block once forward
- 66. Block forward again
- 67. Block from left
- 68. Block from right
- 69. Cut 1/2/ circle
- 70. Old man fishing
- 71. Turn around to deliver thrust
- 72. Finish